



March Theme: Nursery Rhymes

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2012 NEWSLETTER  
**MARCH**

## Preschool OPEN HOUSE and Art Show

**Wednesday March 14th**

**Current Location: 3:30 - 6:30 pm**

Open House and Art Show: The Preschool is holding an Open House at the Preschool on Wednesday March 14th from 3:30 – 6:30 pm for parents who wish to find out more about the Preschool programs for the next school year. The teachers will be in attendance to answer any questions. As part of the Open House, we will have an art show displaying students' work. Coffee and cookies will be available.

The Preschool would like to invite all parents to meet some of the current members of the Preschool board during the Open House. If you are considering volunteering for a board position next year, this is a great opportunity to find out more information about the various positions that are available. The board positions are posted in the lobby by Nataliyas' cubbies. Please ask Nancy for job descriptions.

Invitations will be left in your child's cubby. We encourage all parents to use the invitations to bring a friend that has children who may be interested in attending the preschool for the 2012/2013 school year. Nancy needs one volunteer from each class to help frame pictures for the art show and to help with the display. She has a volunteer for Nataliya's 4 year old class. Please see the volunteer board in the lobby.

Please spread the word about the Open House to all parents who may be interested in sending their children to the Preschool in the 2012-2013 school year, and to everyone who enjoys viewing children's art!

## The Preschool Board Needs You

We have a number of positions available for next year's board of directors. Consider fulfilling your volunteer commitment by getting involved on the board. It's fun and rewarding, and you get to have a say in your child's education. Please talk to Nancy or any of the current board members if you are interested. Many positions do not require attendance at monthly meetings. Sign-up sheets are posted in the lobby and we welcome sign up at any time. The elections are held at the Annual General Meeting in April. *(date & place to be determined)*

## A Big Thank You to:

Atsu Shi Okabe for bringing us lots of boxes from Safeway for our move.

Carlie Carrigan & Madisson for helping in the classrooms to fulfill their volunteer hours at CCHS.

Melanie Lamoureux a Quebec BEC student who has volunteered in the classroom, hoping to improve her English skills.

Julliene Silao an OLS student who spent a week in Ms. Nataliya's room fulfilling her required volunteer hours

Thanks to Sara Renner for another great body moves class!

## Mmmm...Pizza

Rocky Mountain Flatbread Pizza Sales Are Back!

It's that time of year again—time to stock up the freezer with easy meals for those busy days!

We can start selling now until the March 9th! We encourage families to try to sell around 10 pizzas, which should be easy, as they are fantastic pizzas, and easy, quick dinners for those busy families out there. Pick-up will be at the warehouse at 117 Bow Meadows Crescent on March 21st from 11:45 am to 12:45 am.

Look for your information packet in your child's cubby and if you have any questions please call Amy 678-3033 or check with the office.

issue  
7

**1**  
Open House & Art  
Show & Thank You

**2**  
Child  
Development

**3**  
Board  
Members List

**4**  
Calendar



## X-Country Skiing

March 12 - 4 yr. olds  
9 - 10 am Carmens' class

10:30 - 11:30 am  
Nataliyas' class

Cross Country Skiing: 4 year-old classes will be taking cross country ski lessons by Trail Sports in place of their regularly scheduled classes at the Nordic Centre on March 12th.

Parents need to attend without siblings to assist their child. There is no charge for equipment rental. The group lesson is for 1 hour, the fee is \$7.00 and children must wear a helmet. Please pay fees in cash and return permission forms to the office by March 5th.

Carmens' morning class will have their lesson from 9 am – 10 AM and Nataliyas' morning class will have their lesson from 10:30–11:30. Please arrive at Trail Sports 30 minutes prior to the lesson to get equipment and to get organized.

## Spring Break

runs from March 26th through to April 6th consecutively.

## Concerned About Your Child's Development?

If you have concerns about your child's development in the areas of gross motor (e.g. climbing stairs, not as coordinated as peers) or fine motor skills (e.g. holding a pencil, cutting with scissors, doing up zippers), daily living (e.g. toileting, eating, dressing), sensory skills (e.g. poor tolerance of teeth or hair brushing, loud noises, crowds) or speech and language skills, support is free of charge.

Bow Valley Community Care Services include access to a Speech and Language Pathologist, Occupational Therapist and Physical Therapist. Together, these professionals form a team that can work with you to help give your child a boost. Often, discussing your child's needs and finding fun activities to build skills can help your child get ready for kindergarten. Perhaps you just have a few questions about what is expected of a 4 year-old. Call 678-7200 to chat with a therapist and discuss your concerns.

A therapist can plan a visit to your home or Preschool class, to observe your child in a sensitive way, to avoid singling them out. You can also come to our office at the Canmore Hospital for an assessment of your child's skills. Community Care Services are further outlined in a pamphlet in the Preschool lobby. If you have questions or concerns, the earlier they are addressed, the better!

## Parent Resource Material

**Talk Box:** [www.parentlink.alberta.ca](http://www.parentlink.alberta.ca) is a useful site for ideas on speech development and creating language environments.

If you have questions or concerns about your child's behaviour or development, the first step would be to talk to your family doctor or pediatrician. The following services are also available to your child:

**FSCD: Family Support for Children with Disabilities:** Services provided based on each child's individual needs and family circumstances Calgary & Area 1(403) 297-6022.

**Child Disability Resource Link:** Information on government programs, disability associations, funding assistance 1- 866-346-4661

**Public Health:** Canmore (403) 678-5656 Banff (403)762-2990.

**Bow Valley Early Childhood Development Coalition.** For information or to join the Coalition and attend a meeting, contact Sandy Last at [swlast4@gmail.com](mailto:swlast4@gmail.com) or 403.688.7350.

**Bow Valley Parent Link.** For more information or to view the Drop in and/or Program schedules visit: [www.canmore.ca/parentlink](http://www.canmore.ca/parentlink) or call 403.678.2529 (Canmore/Exshaw) or 403.762.1116 (Banff.)

**The Cause & Effect Foundation** partners with the Preschool, which provides early intervention services in the home and classrooms. For more info on this organization, please talk to Nancy.



Scholastic deadline to receive your Easter books is: March 7th

# 2012 Preschool Board & Staff



## Preschool Board

### CHAIRPERSON

Dennis Breymann  
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### REGISTRAR

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### NEWSLETTER COORDINATOR

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### CHILDREN'S EVENTS COORDINATOR

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### FUNDRAISING COORDINATOR

Amy Young  
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### VOLUNTEER COORDINATOR

Nicky Williams  
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## Subcommittee Members:

### SCHOLASTIC COORDINATOR

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### RAFFLE COORDINATOR

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### CHRISTMAS ARTISANS' MARKET COORDINATOR

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## Staff

### OFFICE ADMINISTRATOR

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### TEACHER

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### CANMORE PRESCHOOL

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[www.canmorepreschool.com](http://www.canmorepreschool.com)  
[facebook.com/canmorepreschool](https://facebook.com/canmorepreschool)

Join our Facebook page to receive instant updates about events and happenings for Canmore Preschool.

[facebook](https://facebook.com/canmorepreschool)

## Free Drop in Programs

Preschool Storytime  
Every Wednesday at 2pm  
at the Canmore Public Library  
403-678-2468  
950 - 8th Avenue.



"Tell me, I forget. Show me, I remember. Involve me, I understand."  
author ~ unknown



Happy St. Paddy's Day

March



Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday

<p><b>1</b></p> <p>The Preschool will be moving to our new Roundhouse location on March 24. We would appreciate lots of help. We will have a cube van and hopefully some trucks to load. If you can help please be at the Preschool at 9:00 am on Saturday morning. Please contact Nancy if you can lend a hand Ph: 678-2538 or info@canmorepreschool.com The Preschool will be closed on April 9 and 10th to set up our new classrooms and to allow licencing/ fire and health a chance to visit and approve our new facility. More information to come.</p>	<p><b>2</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:30-10:15am &amp; 12:30-1:30pm 3 year olds</p>	<p><b>3</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:00-9:45am 4 year olds</p>	<p><b>4</b></p>	<p><b>5</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:30-10:15am &amp; 12:30-1:30pm 3 year olds</p>	<p><b>6</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:30-10:15am &amp; 12:30-1:30pm 3 year olds</p>	<p><b>7</b></p> <p><b>Seeds of Empathy</b> Carmen's class</p>
<p><b>8</b></p> <p><b>Music with Sue</b> 4 yr. olds</p>	<p><b>9</b></p> <p><b>Body Moves</b> 4 yr. olds Pick up at Rec. Centre 11:25 am</p>	<p><b>10</b></p>	<p><b>11</b></p>	<p><b>12</b></p> <p><b>Music with Sue</b> 3 yr. olds</p>	<p><b>13</b></p> <p><b>Body Moves</b> 4 yr. olds Pick up at Rec. Centre 11:25 am</p>	<p><b>14</b></p> <p><b>Seeds of Empathy</b> Nataliya's class</p>
<p><b>15</b></p>	<p><b>16</b></p> <p><b>X-Country Skiing</b> 4 yr. olds 9-10 am Carmen 10:30-11:30 am Nataliya</p>	<p><b>17</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:30-10:15am &amp; 12:30-1:30pm 3 year olds</p>	<p><b>18</b></p> <p><b>Seeds of Empathy</b> Nataliya's class</p> <p>PreSchool Open House 3:30 pm - 6:30 pm Tell all your friends!</p>	<p><b>19</b></p> <p><b>Green Day</b> Dress your child in something Green and bring a Green snack</p>	<p><b>20</b></p> <p><b>Green Day</b> Dress your child in something Green and bring a Green snack</p>	<p><b>21</b></p> <p><b>St. Patrick's Day</b></p>
<p><b>22</b></p>	<p><b>23</b></p> <p><b>Library Visit</b> 4 yr. olds Pick up at Library 11:25 am</p>	<p><b>24</b></p> <p><b>Library Visit</b> 3 yr. olds Pick up at Library 11:25 am</p>	<p><b>25</b></p> <p><b>Dress Like You Favourite Nursery Rhyme Character</b></p>	<p><b>26</b></p> <p><b>Music with Sue</b> 3 yr. olds</p>	<p><b>27</b></p> <p><b>Outdoor Days</b> Keep your child in their outdoor gear - we will play outside first thing! 9:00-9:45am 4 year olds</p>	<p><b>28</b></p> <p><b>Round House Moving Day</b></p>
<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>				

Spring Break