



Canmore Preschool Society

September 2015 Newsletter



WELCOME TO PRESCHOOL!

The staff and board members are excited to welcome you and your child to the Canmore Preschool. Thank you for embarking on this learning adventure with us! Please familiarize yourself with the contents of the Parent Handbook provided on the first day of school. You will find it full of valuable information regarding snack requirements, discipline, and parent-of-the-day duties. And please, don't hesitate to use the contact information on the back of this newsletter if you have any questions.

Upcoming Activities

Outdoor Days: September 23rd & 24th

Specific days each month are designated Outdoor Days even in winter. When you arrive at school, before taking coats off, please check with the teachers whether the children will go out at the beginning or end of class. If it is very cold or raining, outdoor days may be canceled at the discretion of the teachers. They may also take advantage of good weather on any day, so please make sure students always have layers and footwear with them that are appropriate for the outdoors.

Color Days: Orange! September 28th & 29th

One day each month we will have a special color theme. On this day, please help your child choose a clothing item and a snack in the designated color. In keeping with our Fall theme, the color for September will be ORANGE.

Nurse Visits: September 30th & October 1st

The Public Health nurses will come for a visit and teach the children how important it is to wash our hands and how to avoid germs!

First Day of Class:

For many of our students this will be their first time attending school. To help everyone with the transition on our first day, we will not have regular classes. Instead we will have a shorter orientation, which we ask parents to attend. Each class is divided into two groups to ensure we're not too crowded. Payment will be due the first day of class.

Monday, September 14th:

4YO Morning Class -
9:00-10:00 & 10:30-11:30

4YO Afternoon Class -
12:30-1:30 & 2:00-3:00

3YO Afternoon Class -
12:30-1:15

Tuesday, September 15th:

3YO Morning Class -
9:00-9:45 & 10:15-11:00

3YO Afternoon Class -
12:30-1:15

A Message from the Teachers

September will be the month to learn our daily routines and to settle into the classrooms. This little poem will help us move around our beautiful facility from the classrooms to the gym and back.



"My hands are by my side
I'm standing straight and tall
My lips are quiet as can be
I'm ready for the hall"

Ms. Nataliya and Ms. Carmen

Arriving at School

We share our wonderful new facility with the Canmore Day Care. Daycare children may be in the front play yard when you drop off or pick up your child, so please make sure that you secure the gate at all times! The Daycare sometimes leaves bikes outside, so please let your children know that they are not ours to play with. All preschool children should stay with their parents in the play yard and lobby. We appreciate it! From the play yard, enter the door with the "Preschool" sign above it. Immediately inside you will find the school lobby where the cubbies are located. Each preschooler will have a cubby assigned to them. Children can place their personal belongings here while they are in class, and this is where artwork and notices will be placed for collection by parents. REMEMBER to sign your child in on the attendance sheet outside their classroom when you drop them off.

Ways to Prepare

Talk positively about preschool. If your child sees that you like preschool, he or she will be more apt to develop positive feelings about school too. Read a relevant book and discuss what will happen at preschool. See the Preschool Picks section on the next page. Avoid rushing! Place a photo in your child's snack as a surprise and a reminder of how much you care. Say good-bye lovingly yet quickly. Always reassure your child that you will be back at the end of preschool time. By saying something like "Have fun, I'll be back soon and you can tell me all about what you did today," you can make the transition much easier. Keep the good-bye cheerful, even if your child is tearful! Talk with your child's teacher if you have any concerns. We will be happy to work with you to make the most of your child's preschool experience.

At the End of The School Day

To avoid confusion, we ask parents to come to the classroom door to pick up students. Children will not be allowed to leave the classroom or playground unless accompanied by a parent or guardian. **REMEMBER** to sign your child out of class on the attendance sheet when you pick them up and to clean out their cubby of all personal belongings and artwork at the end of each day as it will be used by more than one child throughout the week, and will be cleaned out regularly of anything left behind.

Where to Park

There is a 15-minute drop off zone in front of the school at the corner of 7th Avenue and 5th Street. There is also a parking lot to the left of the Roundhouse for Preschool/Daycare parking.



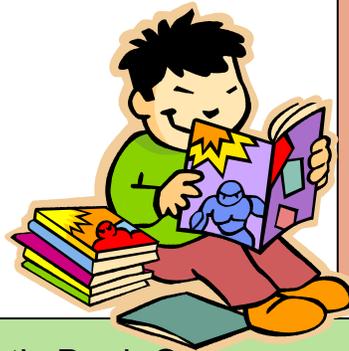
Summer Camp Success

Every summer the preschool offers a variety of camps, which the children can register in the spring. This past summer our themes were "The Mighty Jungle" and "Young Scientists". The Mighty Jungle enjoyed learning about jungle animals and all that's involved such as what animals eat, where they sleep, and the noises they make. They also received a surprise visit from a special little friend named "Cupcake"! The Young Scientists enjoyed learning about all kinds of experiments and they even got to create their own experiment using the volcano effect! By the end of camp the children had made some new friends, had their favorite face painted and learnt some new things. Ms. Nataliya, Ms. Heidi and Ms. Kris went out of their way to make the summer camps of 2015 a huge **SUCCESS!!!** Great work!

We look forward to seeing you all next summer!!

Stay at Home Subsidy

Information regarding the Stay-at-Home Subsidy is available on our website www.canmorepreschool.com If you have applied for subsidy you will still be required to submit payment until subsidy approval is received in the office from the Alberta Government. If you are considering applying for subsidy, please do it right away as the process can take a while.



Preschool Picks

Here are a few suggestions for books to enjoy with your child that involve the topic of going to school. Many are available at the public library or Cafe Books.

- "What To Expect At Preschool" by Heidi Murkoff.
- "How Do Dinosaurs Go To School?" by Jane Yolen
- "Going to School" by Anne Cirardi
- "The Kissing Hand" by Audrey Penn is a heartwarming tale that provides a gentle goodbye ritual for you and your child.

Scholastic Book Orders

Each month you will receive a Scholastic Books flyer. Every book purchased by you from these flyers contributes towards books and materials for use at the preschool! If you are interested in purchasing any books, please complete the order form on the back of the flyer and put it in the drop box in the preschool lobby along with a cheque made out to Scholastic Canada. The deadline for the upcoming order is September 22nd, 2015.

Parent of the Day

Parents are asked to check the Parent-of-the-Day Classroom Calendars for September, which are posted beside each classroom door. Please sign up to take a turn assisting in your child's classroom. There is a rotation schedule that lets you know how often we will need your help, but it is up to you to sign up for specific days that work for your schedule.

For all parents-of-the-day: when it is your day to help out, please arrive at the preschool ten minutes prior to the start of class to ensure that you are there to assist as other students arrive.

For all parents: we cannot run classes if there is no parent-of-the-day on site, so when dropping your child off at school, please do not leave until it is established that there is a parent-of-the-day present.

Snacks

Students are required to bring a healthy snack to have during the school day (please see your Handbook for suggestions). Please place snack bags in the bins near the classrooms when arriving at school, and collect them from the same bins at the end of the day. Please ensure that your child's snack bag and cup are labeled with his or her name. Also, we serve only water at the preschool, so please do not send your child with juice.

Allergies

Please do not send any snacks with your child that contain **nuts, peanuts or peanut oil** as other children may have severe allergies. Please refer to the parent handbook for more detailed snack do's and don'ts.



~THANK YOU!!~

- Thank you to Ms. Nataliya, Ms. Heidi, and Ms. Kris on their success during the summer camps in July. You all rock!!
- Tri-Star Woodworks did an excellent job installing the new cabinets that were ordered for the gym.
- Also a big thank you to Todd at Tanmanz Landscaping for his work in planting 6 new Aspen trees in our designated playground area.
Looks great!!

~Friendly Reminders~

- ****Please refrain from letting your children play on the daycare children's personal bikes that are parked against the daycare side of the building. It is upsetting the children when they see out the windows.
- ***Donate to the Canmore Preschool at the Bottle Depot.
- **Scholastic books help raise funds / points for teachers to purchase new books.
- *Please remember to check the volunteer board and to sign up for parent of the day.
- **Occasionally check the Lost & Found to ensure your child does not have any missing items.
- **** You can also donate any unwanted outdoor winter gear to be used for any children that forget to bring their own.



Canmore Preschool 2015/16

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Newsletter Delivery

The Canmore Preschool is doing its part for the environment. We try not to print our monthly newsletter. Each edition will be emailed to parents, and can be viewed on our website at www.canmorepreschool.com. Please send any submissions to stacie.longworth@yahoo.com by the 15th of the month if you have any information to add. Thank you!



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SEPTEMBER 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11	12
13	14 Staggered Class Entry Tuition Due	15 Staggered Class Entry Tuition Due	16 Regular Classes Start	17	18	19
20	21	22	23 Outdoor Day	24 Outdoor Day	25	26
27	28 Orange Day	29 Orange Day	30 Public Health Nurse	1 Public Health Nurse	2	3