



September 2018



## Welcome to Preschool!

We look forward to working together to create a positive start to school for our students and families. In September, we will focus on learning daily routines and settling into the classroom. You may enjoy helping your child look forward to the adventures ahead with this familiar song!

**The more we get together,  
Together, together,  
Oh, the more we get together,  
The happier we'll be!**

See you soon! Ms. Carmen & Ms. Claire

## September Activities

### Outdoor Days: Several in September

We may take advantage of good weather on any day, so please make sure students always have layers and footwear with them that are appropriate for the outdoors. We also schedule specific Outdoor Days each month even in winter. When you arrive at school on a scheduled outdoor day, before taking coats off, please check with the teachers whether the children will go out at the beginning or end of class. Depending on conditions, outdoor days may be canceled at the discretion of the teachers. If the temperature is below  $-15^{\circ}\text{C}$  outdoor days will be canceled.

### Colour Days: Orange! September 24 & 25

One day each month will have a special colour theme. On this day, please help your child choose a clothing item and a snack in the designated colour. In keeping with our Fall theme, the colour for September will be ORANGE.

### Fall Walk and Scavenger Hunt: September 26 & 27

This outdoor event is part of our Fall theme for September. We will need additional parent volunteers, so please sign up on the sheet located outside the classrooms. Thank you!





# First Day Jitters & Tips

## Ways to Prepare

Talk positively about preschool. If your child sees that you like preschool, he or she will be more apt to develop positive feelings about school too.

Read a relevant book and discuss what will happen at preschool. See the Preschool Picks section at right.

Avoid rushing!

Place a photo in your child's snack as a surprise and a reminder of how much you care.

Say good-bye lovingly yet quickly. Always reassure your child that you will be back at the end of preschool time. By saying something like "Have fun, I'll be back soon and you can tell me all about what you did today," you can make the transition much easier.

Keep the good-bye cheerful, even if your child is tearful.

Talk with your child's teacher if you have any concerns. We will be happy to work with you to make the most of your child's preschool experience.

## Preschool Picks

Here are a few suggestions for books to enjoy with your child that involve the topic of going to school. Many are available at the public library or Cafe Books.

- "What To Expect At Preschool" by Heidi Murkoff.
- "How Do Dinosaurs Go To School?" by Jane Yolen
- "Going to School" by Anne Cirardi
- "The Kissing Hand" by Audrey Penn is a heartwarming tale that provides a gentle goodbye ritual for you and your child.

## Snacks

Students are required to bring a small, healthy snack to have during the school day (please see your Handbook for suggestions). Please place snack bags in the bins near the classrooms when arriving at school, and collect them from the same bins at the end of the day. Please ensure that your child's snack bag and cup are labeled with his or her name. Also, we serve only water at the preschool, so please do not send your child with juice.

## Allergies

Please do not send any snacks with your child that contain nuts, peanuts or peanut oil as other children may have severe allergies. Please refer to the parent handbook for more detailed snack do's and don'ts.

## Where to Park

There is a 15-minute drop off zone in front of the school on 7th Avenue. There is also a parking lot to the left of the Roundhouse for Preschool/Daycare parking. Please observe all parking signs, bus zones, painted curbs, playground zones, and watch out for kids!

## Sharing the Yard

We share our wonderful facility with the Canmore Daycare. Daycare children may be in the front play yard when you drop off or pick up your child, so please make sure that you secure the gate at all times!

Daycare kids often park their personal bikes outside, so please let your children know that they are not ours to play with – just like any bike parked in a rack. All preschool children should stay with their parents in the play yard and lobby. We appreciate it!

## Arriving at School

Each preschooler will have a cubby and coat hook assigned to them in the lobby. Children can place their personal belongings here while they are in class, and this is where artwork and notices will be placed for collection by parents.

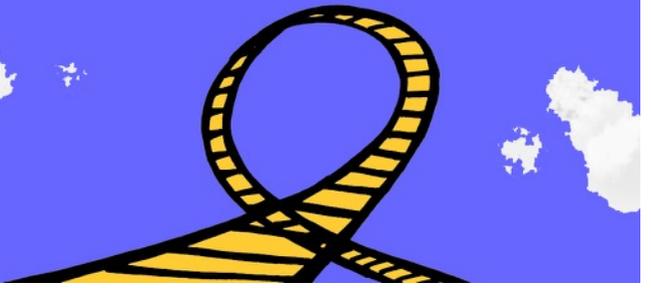
REMEMBER to sign your child in on the attendance sheet outside their classroom when you drop them off.



What we learn with pleasure, we never forget.  
— Alfred Mercier

### Jitters & Tips Continued:

This year will be an exciting one for both you and your child. The first day of school, whether it be your child's first or subsequent experience in preschool, can be a day charged with both excitement and trepidation for students (and sometimes even more so for their parents).



## At the End of the School Day

To avoid confusion, we ask parents to come to the classroom door to pick up students. Children will not be allowed to leave the classroom or playground unless accompanied by a parent or guardian.

REMEMBER to sign your child out of class on the attendance sheet when you pick them up.

REMEMBER to take all personal belongings and artwork at the end of each day as coat hooks are used by more than one child during the week. Indoor shoes may be left under the cubbies throughout the year.

## Parent of the Day

Parents are asked to check the Parent-of-the-Day Classroom Calendars for September, which are posted beside each classroom door. Please sign up to take a turn assisting in your child's classroom. There is a rotation schedule that lets you know how often we will need your help, but it is up to you to sign up for specific days that work for your schedule.

**For parents-of-the-day:** when it is your day to help out, please arrive at the preschool ten minutes prior to the start of class to ensure that you are there to assist as students arrive.

**For all parents:** we cannot run classes if there is no parent-of-the-day on site, so when dropping your child off at school, please do not leave until it is established that there is a parent-of-the-day present.

**Volunteer Hours** – 4 hours per child per year – are **separate from Parent-of-the-Day**, and are usually fulfilled outside the classroom. Please take a look at the info on the next page about upcoming opportunities.

## Picture Day

Individual and class pictures will be taken Tuesday, October 23rd at the Preschool. There will be **NO REGULAR CLASSES** on this day.

Class pictures are great keepsakes and will be available for a nominal fee, even if you do not purchase a photo package of individual shots. Last year's cost for a class picture was \$7. We will also use the class pictures for preschool displays.

Please bring your child for the class picture even if you do not plan on having individual photos taken.

Class pictures will be taken before individual shots, so please arrive a few minutes before the scheduled time so we can take the group photo right away.

We will post the picture day timetable in the next couple weeks, which will detail when each class should arrive.

## Scholastic Book Orders

Each month you will receive a Scholastic Books flyer. Every book purchased by you from these flyers contributes towards books and materials for use at the preschool!

If you are interested in purchasing any books, please complete the order form on the back of the flyer and put it in the drop box in the preschool lobby along with a cheque made out to Scholastic Canada.

The deadline for the upcoming order is October 9th. Perfect timing for Halloween books!

## Office Hours

Monday–Thursday 8:45–3:45, but Lindsey runs lots of errands so give us a call if you want to be sure she's in the office. Thanks!

Education is not the filling of a pail but the lighting of a fire.  
– William Butler Yeats

# From our Teachers



## Welcome preschool families!

My name is Carmen Haase and it is a privilege to welcome new and returning families to our Canmore Preschool community!

After completing an Honours degree in the Arts and Sciences Program at McMaster University, I pursued my Bachelor of Education and Outdoor and Experiential Education certificate at Queen's University. Together with this background, I also bring with me various experiences in hospitality and community services.

My 3 children find it humorous that when the youngest started kindergarten, it was finally their Mom's turn to go to Preschool!

Ten years down the road, I'm still thrilled to be part of this team. I really value the experience that the Canmore Preschool offers to families with young children. Through parent participation on the daily volunteer and board levels, and by connecting community through field trips and visitors, there is a network created for "a village to raise a child".

I look forward to working with the Preschool team and our families to make together a positive first school experience for each of our students!

Sincerely,

Carmen Haase



## Welcome children and parents!

My name is Claire Cresencia and I am delighted to welcome you and your children to our preschool.

I joined the Preschool team in fall 2016, having previously worked at Canmore Community Daycare from 2004-2016 in a variety of roles - from classroom teacher to Before and After

School Care program coordinator to Assistant Director to Acting Executive Director.

I am thrilled to be back in the classroom to inspire and be inspired by your children. I have a love for the great outdoors and taking every opportunity as a learning experience. I am looking forward to working with you to make your child's preschool year a positive and fun learning experience.

Sincerely,

Claire Cresencia

2018-2019

# Canmore Preschool Staff & Board



## Board Members

### CHAIRPERSON

Rachel Lippitt  
403 675-4045  
[rachellippitt@gmail.com](mailto:rachellippitt@gmail.com)

### VICE CHAIRPERSON

Lacey Suttie  
403-472-0285  
[suttielacey@gmail.com](mailto:suttielacey@gmail.com)

### SECRETARY

Sara Gilson  
403 431-8001  
[s\\_gilson@live.ca](mailto:s_gilson@live.ca)

### TREASURER

Clifford Kitchen  
403-870-4674  
[cliff.kitchen@gmail.com](mailto:cliff.kitchen@gmail.com)

### REGISTRAR

Sara Roberts  
403-707-8550  
[sararoberts02@gmail.com](mailto:sararoberts02@gmail.com)

### NEWSLETTER COORDINATOR

Amanda Carrington  
403-688-0415  
[chefcarrington@hotmail.com](mailto:chefcarrington@hotmail.com)

### CHILDREN'S EVENTS COORDINATOR

Tammera Kostya  
250-640-6302  
[kostyata5@yahoo.com](mailto:kostyata5@yahoo.com)

### FUNDRAISING COORDINATOR

Jennifer Yeo  
403 609 9766  
[jen.a.yeo@gmail.com](mailto:jen.a.yeo@gmail.com)

### VOLUNTEER COORDINATOR

Emilie Roh  
[emilie.reist@gmail.com](mailto:emilie.reist@gmail.com)

## Subcommittee Members

### SCHOLASTIC COORDINATOR

Melanie Birch  
403-431-2590  
[melaniecbirch@hotmail.com](mailto:melaniecbirch@hotmail.com)

### RAFFLE COORDINATORS

Melissa Marra  
403-609-5022  
[melissa.cress@hotmail.com](mailto:melissa.cress@hotmail.com)

Patricia Muir

403-688-1350  
[ppolden@live.ca](mailto:ppolden@live.ca)

### CHRISTMAS ARTISANS' MARKET COORDINATOR

Julia Freeman  
[canmoreartisansmarket@yahoo.ca](mailto:canmoreartisansmarket@yahoo.ca)

### CHRISTMAS ARTISANS' MARKET ASSISTANT

Gwenneth Yarr  
778-960-5483  
[gwennethyarr@gmail.com](mailto:gwennethyarr@gmail.com)

## Staff

### TEACHER

Claire Cresencia  
403 609-0466  
[clairecresencia@gmail.com](mailto:clairecresencia@gmail.com)

### TEACHER

Carmen Haase  
403 678-5770  
[carmenjhaase@gmail.com](mailto:carmenjhaase@gmail.com)

### EDUCATIONAL ASSISTANT

Heidi Ward-Achenbach

### ADMIN ASSISTANT

Lindsey Madden  
403 678-2538  
[info@canmorepreschool.com](mailto:info@canmorepreschool.com)

## Bottle Depot

Help our fundraising by asking the bottle depot to credit your refund to Canmore Preschool!

## Newsletter

### Delivery

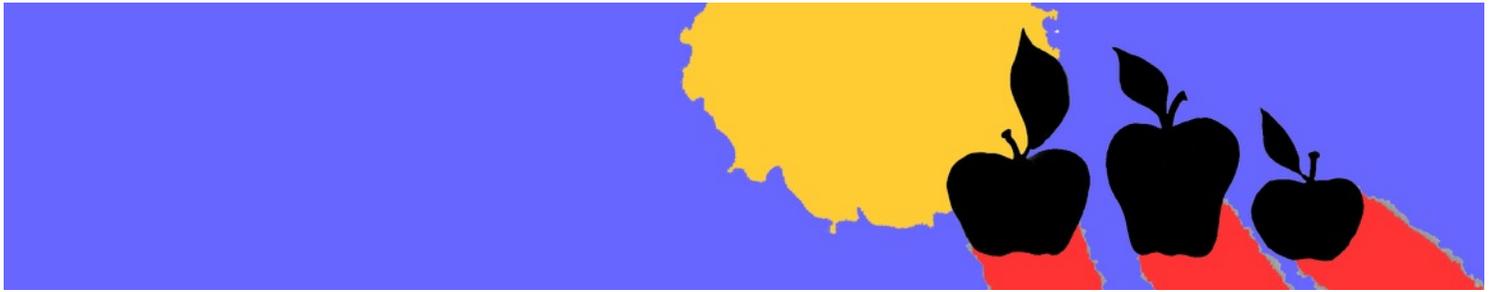
The Canmore Preschool is doing its part for the environment. Please tell Lindsey if you wish to receive printed newsletters in future, otherwise it will be emailed to all families and can be viewed on our website.



Canmore Preschool Society

606A 7th Avenue  
Canmore, Alberta T1W 2H5  
Tel: 403 678-2538  
Fax: 403 678-4361  
[info@canmorepreschool.com](mailto:info@canmorepreschool.com)  
[www.canmorepreschool.com](http://www.canmorepreschool.com)

Check us out on Facebook!



# September 2018

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	<b>Summer Vacation</b>					1
2	3 Labour Day	4	5	6	7	8
	<b>Teacher Preparation</b>					
9	10 Staggered Start	11 Staggered Start	12	13 Outdoor Day PreKPM	14 Outdoor Day PreKAM	15
16	17 Outdoor Day 3yoPMm/w	18 Nurse Visit 3yoAM, 3yoPMt/t	19 Nurse Visit PreKAM, PreKPM, 3yoPMm/w	20 Outdoor Day 3yoAM, PreKPM, 3yoPMt/t	21 Outdoor Day PreKAM	22
23	24 ORANGE Day! PreKAM, PreKPM, 3yoPMm/w	25 ORANGE Day! 3yoAM, 3yoPMt/t	26 Fall Scavenger Hunt PreKAM, PreKPM, 3yoPMm/w	27 Fall Scavenger Hunt 3yoAM, 3yoPMt/t	28	29

Tell me, I forget. Show me, I remember. Involve me, I understand.  
- Author unknown

