



JANUARY 2022 NEWSLETTER

A Message from our Teachers

Best wishes for a happy holiday season!

Our theme in January will be the "Ocean". We will learn about ocean life through books, finger plays, songs and imagination! We will conclude the theme with Beach Day for all classes. Please dress for the beach, bring a beach towel and a tropical snack. Also be sure to explain to your preschooler that although we are not really going to the beach, we will be pretending to do so...which can be just as fun!

January

On Jan. 14, we are looking forward to the first of our two PreK Cross-Country Ski Days (March 16). There are no regular PreK classes on this day because the lessons will take place at the Canmore Nordic Centre in conjunction with Trail Sports. Each student will need an adult to remain on site for the duration of their lesson. Please refer to the January calendar for each class' specific arrival and lesson start times.

Transitions to Pre-K

January is the time when many families begin looking into programs for the upcoming school year. If your child is moving on to a Pre-K program, we encourage you to take a closer look at how our programs grow with your child. Please contact the office if you have any questions - we would love to tell you more!

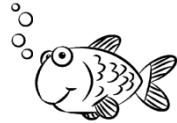
Happy and safe Holidays to all! We look forward to new learning adventures together in 2022!

Ms. Claire and Ms. Carmen

January's Signature Song

Slippery Fish

This song by Charlotte Diamond will be our signature song for the month of January. Here are the lyrics for you to enjoy the song at home together with your child!



Slippery fish, slippery fish
Sliding through the water.
Slippery Fish, slippery fish,
GULP! GULP! GULP!
OH, NO! It's been eaten by an...

Octopus, Octopus,
Squiggling through the water
Octopus, Octopus,
GULP! GULP! GULP!
OH, NO! It's been eaten by a...

Tuna fish, tuna fish,
Flashing through the water
Tuna fish, Tuna fish
GULP! GULP! GULP!
OH, NO! It's been eaten by a...

Great white shark, great white shark,
Lurking in the water
Great white shark, great white shark
GULP! GULP! GULP!
OH, NO! It's been eaten by a...

Humongous whale, humongous whale,
Spouting in the water.
Humongous whale, humongous whale,
GULP! GULP! GULP!
BURP!! (PARDON ME!)

PreK Cross Country Skiing Friday, January 14th 2022

No regular PreK classes on this day!

Our Board has made the decision to offer 2 Cross Country Ski Days this year! Next one will be in March. This will be a special day for our PreK classes.

Parents, please plan to bring your child to the Nordic Centre, with a helmet, and stay for the hour-long lesson (schedule below). Follow all COVID-19 Guidelines from the Nordic Centre. We will send out permission Slips closer to the date.

Schedule:

Both PreK AM classes
9.30 AM Arrival
10-11 AM class
Carmen's PreK PM class
11.30 AM Arrival
12-1 PM Class



Things to watch for in the new year...

- **January** Online parent survey - Your feedback will help inform our planning decisions for the 2022-2023 school year.
- **February** Registration opens online for 2022-2023.
- **March** Annual General Meeting & Registration Night – exact date and location TBA.
- Our **3yo** and **PreK** classes offer different programming designed to grow with your child leading up to kindergarten.
- We will be seeking volunteers to **join the board** for next year, so please let Sarah know if you'd be interested. Remember, board members are guaranteed their child's class placement and the position fulfills your out-of-class volunteer hour



What Changes from 3yo Preschool to PreK?

For those of you currently in our 3yo classes, you may wonder if PreK is the same program. It's not! In addition to longer classes, more complex games, crafts, and activities, here are some of the highlights of what you can expect in PreK that you will not have seen in the 3yo programs. These are in addition to all the favorites – library visits, music with Entangled Puppetry, puppet shows, Mothers Day tea party songs and projects, community visitors, etc.

- **Handwriting Without Tears** – curriculum for learning to write.
- **Empathy Program** – with literacy circles, art projects, and monthly baby visits.
- **Super Helper System** – each day a different child will be the teacher's super helper with special responsibilities.
- **Calendar Counting Songs** – during circle time at the start of each class, the group goes over the monthly calendar, the daily schedule, and the letter sound of the day with special songs.
- **Body Moves** – physical literacy classes with Cathy Robinson.
- **Ski Day** – a cross country skiing lesson with TrailSports at the Nordic Centre.
- **Food Adventures** – apple sauce making, pumpkin carving, soup making, cookie baking, pineapple tasting, and more.
- **Additional activities when the opportunity arises**





January 2022



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
2	3 Body Moves PreK AM & PM	4 Virtual Visit - Entangled Puppetry 3yo AM & PM	5	6 Outdoor Day	7 Outdoor Day	8
9	10 BLUE Day PreK AM, PreK PM	11 BLUE Day 3yo AM, 3yo PM	12	13 Outdoor Day	14 PreK XC Ski	15
16	17 Virtual Visit - Entangled Puppetry PreK AM	18 Virtual Visit - Entangled Puppetry 3yo AM & PM, PreK PM	19	20 Outdoor Day	21 Outdoor Day	22
23	24	25 Virtual Visit - Library 3yo AM	26 Virtual Visit - Library PreK AM & PM, 3yo PM	27 Outdoor Day	28 Outdoor Day	29
30	31 Beach Day PreK AM, PreK PM	1 Beach Day 3yo AM, 3yo PM	January 14: PreK Cross Country Skiing! NO REGULAR PreK CLASSES Please bring children, with a helmet, to the Nordic Centre Both PreK AM Classes: Arrive at 9:30, lesson 10-11PM Carmen PreK PM: Arrive at 11:30, lesson 12-1PM			