



## JANUARY 2023 NEWSLETTER

### A Message from our Teachers

#### Best wishes for a happy holiday season!

Our theme in January will be Pets and the Ocean. We will learn about ocean life through books, fingerplays, songs and imagination! We will celebrate the theme with Beach Day for all classes. Please dress for the beach and bring a beach towel. Also be sure to explain to your preschooler that although we are not really going to the beach, we will be pretending to do so...which can be just as fun! We will have a visit from a local veterinarian who will talk about domestic animals and what it means to be a good pet owner.

#### January

Music classes will begin for our 3yr old classes and will continue twice a month until the end of the school year.

Our first visit to the library will take place at the end of the month with the highlight of riding the school bus to Elevation Place. Although the ride is a short one, the children really enjoy this experience.

On Jan. 25, we are looking forward to the first of our two PreK Cross-Country Ski Days. There are no regular PreK classes on this day because the lessons will take place at the Canmore Nordic Centre in conjunction with Trail Sports. Each student will need an adult to remain on site for the duration of their lesson. Please refer to the January calendar for each class' specific arrival and lesson start times.

**Happy and safe Holidays to all! We look forward to new learning adventures together in 2023!**

Ms.Claire and Ms. Debbie

### January's Signature Song

Here's a favourite pet turtle song to sing with your preschooler at home:

I have a little Turtle.  
His name is Tiny Tim.  
I put him in the bathtub  
To see if he could swim.  
He drank up all the water.  
He ate up all the soap.  
Now he's home,  
Sick in bed,  
With bubbles in his throat!  
Bubble, bubble, bubble.....POP!



### PreK Cross Country Ski Day

**Wednesday, January 25<sup>th</sup> 2023**

#### No regular PreK classes on this day!

This will be a special day for our PreK classes. Parents, please plan to bring your child to the Nordic Centre, with a helmet, and stay for the hour-long lesson (schedule below). We will have a second Ski Date in March (March 8<sup>th</sup>).

#### Schedule:

*Both PreK AM classes*

9.30 AM Arrival

10-11 AM class

*Claire's PreK PM class*

11.30 AM Arrival

12-1 PM Class



Things to watch for in the new year...

- **January** Online parent survey - Your feedback will help inform our planning decisions for the 2023-2024 school year.
- **February** Registration opens online for 2023-2024.
- **March** Annual General Meeting & Registration Night – exact date and location TBA.
- Our **3yo** and **PreK** classes offer different programming designed to grow with your child leading up to kindergarten.
- We will be seeking volunteers to **join the board** for next year, so please let Sarah know if you'd be interested. Remember, board members are guaranteed their child's class placement and the position fulfills your out-of-class volunteer hours.

## What Changes from 3-year-old Preschool to PreK?

For those of you currently in our 3yo classes, you may wonder if PreK is the same program. It's not! In addition to longer classes, more complex games, crafts, and activities, here are some of the highlights of what you can expect in PreK that you will not have seen in the 3yo programs. These are in addition to all the favorites – library visits, music with Entangled Puppetry, puppet shows, Mothers Day tea party songs and projects, community visitors, etc.

- **Handwriting Without Tears** – curriculum for learning to write.
- **Empathy Program** – with literacy circles, art projects, and monthly baby visits.
- **Super Helper System** – each day a different child will be the teacher's super helper with special responsibilities.
- **Calendar Counting Songs** – during circle time at the start of each class, the group goes over the monthly calendar, the daily schedule, and the letter sound of the day with special songs.
- **Body Moves** – physical literacy classes with Cathy Robinson.
- **Ski Days** – a cross country skiing lesson with Trail Sports at the Nordic Centre.
- **Food Adventures** – apple sauce making, pumpkin carving and more.
- **Additional activities when the opportunity arises**



### Library Visit

Students are dropped off as usual at their usual start time at Preschool. They will then travel to the library by chartered school bus and are accompanied and closely supervised by their teachers, classroom Assistants, Admin and/or Parent Helper.

**Parents will be responsible to pick up their child from the library at the end of Library class (except Claire's PreK PM class).**

Pickup times will not be at the same time and will be slightly earlier than usual. This is the only way to make this special opportunity available. Thank you for accommodating this inconvenience.

**Monday, January 30th > 11.10-11.40AM**

*Miss Claire's PreK AM class - please pick up your child at **11.45AM** (regular time)  
Miss Debbie's 3yo AM class - please pick up your child at **11.50AM***

**Tuesday, January 31st > 10.15-10.45AM**

*Miss Claire's 3yo AM class – please pick up your child at **10.50AM**  
Miss Debbie's 3yo AM class – please pick up your child at **11AM***

**Tuesday, January 31st > 2-2.30PM Library**

*Miss Debbie's 3yo PM class – please pick up your child at **2:35PM**  
Miss Claire's PreK PM class will return to Preschool*

Same will be for the upcoming Library Visits; February 27<sup>th</sup> & 28<sup>th</sup>, March 27<sup>th</sup> & 28<sup>th</sup>, April 24<sup>th</sup> & 25<sup>th</sup>, May 29<sup>th</sup> & 30<sup>th</sup>, June 12<sup>th</sup> & 13<sup>th</sup>.

We will send out reminder emails before each upcoming Library Visit.

Permission Slips were signed at the time of registration.





# January 2023



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
1	2	3	4	5	6	7
<b>Winter Break</b>						
8	<b>9</b> <b>Body Moves</b> PreK AM & PM 	<b>10</b> <b>Music Class with Tangle</b> 3yo AM & PM 	11	<b>12</b> <b>Beach Day</b> 3yo AM & PM, PreK PM 	<b>13</b> <b>Beach Day</b> PreK AM 	14
15	<b>16</b> <b>Music Class with Tangle</b> PreK AM & PM 	17	<b>18</b> <b>Vet Visit</b> PreK AM & PM, 3yo PM	<b>19</b> <b>Outdoor Day</b>  <b>Vet Visit</b> 3yo AM	<b>20</b> <b>Outdoor Day</b>	21
22	<b>23</b> <b>Blue Day</b> PreK AM	<b>24</b> <b>Blue Day</b> 3yo AM & PM, PreK PM	<b>25</b>  <div style="background-color: #e0f0ff; padding: 5px; text-align: center;"><b>PreK XC Ski</b></div>	<b>26</b> <b>Outdoor Day</b>	<b>27</b> <b>Outdoor Day</b>	28
29	<b>30</b> <b>Library Visit</b> PreK AM 	<b>31</b> <b>Library Visit</b> 3yo AM & PM, PreK PM 	<div style="background-color: #e0f0ff; padding: 10px;"> <p><b>January 25th: PreK Cross Country Skiing! NO REGULAR PreK CLASSES</b></p> <p>Please bring children, with a helmet, to the Nordic Centre</p> <p>Both PreK AM Classes: Arrive at 9:30, lesson 10-11PM</p> <p>Claire PreK PM: Arrive at 11:30, lesson 12-1PM</p> </div>			